

Farm to Fork

Home Learning Menu

Dear Puffins,

Choose at least two tasks to complete, to a high standard. One task to be completed per term.

Draw some still life pictures.

Either cut open some fruits/vegetables and draw what they look like inside **or** arrange some fruits/vegetables nicely in a bowl or on the table and draw this.

Write a recipe that includes some farm produce.

Could you try and create a recipe only using ingredients from a farm? Could you try and make your recipe after? Think about photos, comments from others, how you did it, what it looked like and how it tasted!

Measure and prepare ingredients for dinner.

Make sure you weigh out the correct amounts to ensure everything goes to plan. Could you estimate the amounts needed first and then weigh it to see how close you were?

Research and design a meal using the 'Eatwell plate'.

Try to cover the right amount of each food group. You may wish to plan a whole day's meals! Could you have a go at making them too? Think about the 5 main food groups and how much of each you should include, What do the foods you've included help your body?

Design a healthy lunchbox.

Is it possible to get every food group into your packed lunch each day? Could you make this packed lunch with a small budget? How could you make this work for a vegetarian or vegan?

Write a report about some different kinds of farms

Research what different farms we have and structure your information clearly. Think about the differences between cattle farms/ arable farms and others you may find out about.

Design a map for an imagery place. Can you include human and physical features on your map and identify them? Can you include a compass points, a key for different features, routes/roads, rivers and capital letters for proper nouns?

Describe your favourite and least favourite fruit and vegetables using expanded noun phrases. Can you use this in a persuasive piece of writing to either ban a food or why should we have a certain food every day?

Make a list of 5 (or more) extended noun phrases to describe your favourite and least favorite fruit and vegetable.

Create a comic strip to show a day in the life of a farmer.

Think about what jobs might need doing, how long these might take and what equipment they might need. Can you include speech and thought bubbles?

Write a short story or poem set on a farm.

Perhaps you can use Charlotte's Web and The Sheep Pig for inspiration. Could you write about Babe's life before he went to the farm?

Calculate some totals at the supermarket.

Can you use the supermarket website to budget how much money you might need to get certain ingredients? Can you estimate a total of a weekly shop first and then calculate the real cost? Could you reduce the total by choosing different brands?

Visit a farm.

Investigate what animals live there and what jobs need to be done. Could you interview a farmer whilst you're there? Perhaps you could find out what a day in the life of a farmer is like? How do they make sure they look after all the animals?